

# CAT LIFE STAGE & AGE IN HUMAN YEARS

	Life stage	Age of cat	Human equivalent
 <b>Tigger</b> 3 months old	<b>Kitten</b> birth to 6 months	0 – 1 month	0 – 1 year
		2 – 3 months	2 – 4 years
		4 months	6 – 8 years
		6 months	10 years
 <b>Sugar</b> 13 months old	<b>Junior</b> 7 months to 2 years	7 months	12 years
		12 months	15 years
		18 months	21 years
		2 years	24 years
 <b>Rosie</b> 3 years old	<b>Prime</b> 3 years to 6 years	3	28
		4	32
		5	36
		6	40
 <b>Nemo</b> 8 years old	<b>Mature</b> 7 years to 10 years	7	44
		8	48
		9	52
		10	56
 <b>George</b> 13 years old	<b>Senior</b> 11 years to 14 years	11	60
		12	64
		13	68
		14	72
 <b>Chinarose</b> 16 years old	<b>Geriatric</b> 15 years+	15	76
		16	80
		17	84
		18	88
		19	92
		20	96
		21	100
		22	104
		23	108
		24	112
		25	116

These guidelines follow a convenient life stage classification developed by the Feline Advisory Bureau and adopted in the recent American Association of Feline Practitioners' Senior Care Guidelines. Six age groupings are defined, from kitten through to geriatric.